

# REED

## CHRONICLE

THE OFFICIAL PUBLICATION OF THE ROTARY CLUB OF EAST DAVAO

Rotary  
2<sup>nd</sup> Issue



Rotary  
East Davao



SERVE TO  
CHANGE LIVES

# Rotary Club of East Davao



**Club Number : 17115**  
**District : 3860**  
**Charter Date: December 1, 1965**  
**Charter President: Fernando Tecson**  
**Meets every Tuesday at 6:30p.m. via [zoom](#)**



**1.) TWO (2) BED EYE SURGICAL MOBILE VAN "Dapitan"** of Maharlika Charity Foundation, Inc. A Rotary Foundation Matching Grant/World Community Service project worth Php6 million. This major project was initiated by RCED with RC Wakayanagi, RC Funabashi West, District 2520 Iwate Miyagi, Japan and District 2790 Chiba, Japan and PAG Atsushi Sasaki, M.D.

**2.) A FIRETRUCK to Davao Volunteer Fire Brigade, Inc.** a joint project with our sister club — Rotary Club of Funabashi West, Chiba, Japan. Likewise assisting them in the annual maintenance of the unit.

**3.) RCED-OIKAWA SCHOLARSHIP PROGRAM.** A college scholarship grant for Education Course funded by philanthropic and kindhearted Japanese Rotarians of the RC Ishinomaki South, Miyagi Prefecture, Iwate, Japan who have been extending financial support since RY 2000. A Rotary way of helping financially disadvantaged but deserving high school students acquire College Degree which could help them be alleviated from poverty.

**4.) Food for the young Minds: FEEDING PROGRAM.** Under the "Adopt a School Program" of Department of Education. A WCS supported project with RC Ishinomaki South for J.P. Rizal Elementary School and Juan Cruz Sr. Elementary School for malnourished children.

**5.) A "Water System" at Kapatagan, Davao del Sur.** This is a TRF Matching Grant Project with RC Wakayanagi, Japan. The project benefits about 300 residents in both Sitio Terril and Ranu, who used to fetch

water from other sources (normally 3 to 5 kms away). A "Highway water station: was also built for travellers and vehicles that visit the area to trade in vegetables and deliver farm implements. We also installed the "Flowing Washing Area" (attached to the water reservoir) to give easy access to residents doing their daily laundry.

**6.) OPERATION SAGIP MATA PROJECT.** RCED's Gift of Sight. In commemoration of Rotary's first 100 years of service, RCED turned over a Topcon OMS-90 Operation Microscope and other cataract surgical instruments amounting to Php670,000.00 to the Davao Medical Center Ophthalmology Department. Joint with RC of Wakayanagi, Japan, Dr. Atsushi Sasaki and TRF.

**7.) TWO-STORY TWO-CLASSROOM SCHOOL BUILDINGS as RCED "Centennial Project"** at Sasa Elementary School worth Php600,000. A World Community Service Project with international partners: District 2790 Chiba, Japan, RC Wakayanagi, RC Ishinomaki South, RC Funabashi West and Past Asst. Gov. Atsushi Sasaki, M.D. of RC Wakayanagi, Japan and District 2520 Iwate Miyagi, Japan.

**8.) MOBILE EMERGENCY DISASTER RESCUE EQUIPMENT.** Another Rotary Foundation Matching Grant/ WCS Project with valuable assistance of its partners, PAG Atsushi Sasaki, M.D., RC Wakayanagi, Japan and the District 2520 Iwate Miyagi, Japan, donated a complete set of brand-new top-of-the-line accident rescue equipment amounting to \$16,000 to Philippine National Red Cross - Davao Chapter.

**9.) TRF MATCHING GRANT NO. 65912 COMMUNITY WATER STATION.** A which provided a water purifier and accessories, reservoir, polyethylene pipes and to install a distribution network to residents of Brgy. Caliclic, Island Garden City of Samal. The project benefited 370 household residents of about 1,857 people who fetch water from a source which is three kilometers within five km radius. Project Cost: US\$21,983.82 with international sponsors RC Wakayanagi, Dr. Atsushi Sasaki and TRF.

**10.) TRF MATCHING GRANT NO. 71099 AMBULANCE PROJECT.** A brand new ambulance, a Kia K2700 truck fitted with first aid and emergency medical facilities unit worth more than Php1M was turned over to the people of San Isidro, a municipality of Davao Oriental, by leaders of Rotary Club of Wakayanagi, Japan of District 2520 and Rotary Club of East Davao under District 3860.

**11.) WORLD COMMUNITY SERVICE PROJECT.** Ambulance donation to Brgy. Mintal from Rotary Club Wakayanagi and Dr. Atsushi Sasaki.

**12.) GLOBAL GRANT NO. 1640035 DAVAO EDUCATION AND HEALTH PROJECT .** The program goal is to increase access to and improve quality of health and education / training services for the women and children from three disadvantaged communities in Mindanao Southern Philippines by supporting: Basic education and literacy for the children in focus communities, Maternal and child health care via the Community Health Centre's and the specialist regional pediatric health centre. Project Cost: P4.9M.

In 1965, then District Governor Alfonso “Poncing” Oboza and Pres. Leon “Leony” Garcia of the Rotary Club of Davao thought of organizing the 2nd Rotary Club in the city. This was born the Rotary Club of East Davao. Twenty-four (24) men signed as charter members, 10 of whom were from the sponsoring club, RC Davao. On December 1, 1965, the charter was officially presented in a historical ceremony at the Davao Insular Hotel, the venue of club meetings until 2007 when the club transferred its meetings to Marco Polo Hotel. Of the 56 Past Presidents of the Club, many were privileged to serve the District and RI in higher capacities, to wit:

**DISTRICT GOVERNORS**

- 1975-1976 **Salvador “Bading” Angala** - President RY 1970-71
- 1983-1984 **Honesto “Totoy” Cabarroguis** - President RY 1975-76
- 1989-1990 **Herminio “Hermie” Villano** - President RY 1979-80
- 1995-1996 **Reynaldo “Boy” Reyes** - President RY 1983-84
- 1999-2000 **Raoul E. Hilario+** - President RY 1989-90
- 2001-2002 **Ramon “Monet” Tirol+** - Charter President RC Central Davao RY 1975-1976
- 2020-2021 **Rodel Riezl “Riz” S. Reyes** - President RY 2005-06

- Through the years, RCED was responsible for chartering the following clubs:
- Rotary Club of Central Davao – August 25, 1975 with PDG Ramon Tirol a member of RCED as Charter President
- Rotary Club of Metro Tagum – April 11, 1990
- Rotary Club of Waling Waling Davao – January 22, 1992 the first All-Female Club in District 3860
- Rotary Club of Mati East – October 26, 2005

Through the years, the club has embarked on numerous community projects, i.e. donated artesian wells, school buildings, books, clothing's, scholarships, etc. beneficial to the less fortunate.

The signature project of the club is its extensive medical and dental missions in several remote areas in the whole Island of Mindanao. Through the TRF Matching Grants the club manufactured a Mobile Operating Van which is used during these missions with volunteer doctors and surgeons from the Maharlika Charity Foundation Inc. under the leadership of Past President Rizal D. Apotadera. A spin off of these medical missions we have also provided Ambulances for 2 provinces with the assistance of the Rotary Club of Wakayangi thru its active leader PAG Atsushi Sasaki.



# 55 years of Service Above Self

Another worthwhile project that has been going on for years is the college scholarship at the Holy Cross of Davao College / University of Southeastern Philippines funded by the Oikawa Scholarship Fund, San Josue Scholarship, AY Foundation and the club benevolent members. The scholars eventually become teachers and become agents to educate the growing populace in our communities. To date we have 30 successful graduates and now teaching in different schools here around the city.

Through the efforts of PDG Boy Reyes, PDG Raoul Hilario, and PP Mickey Miyake, match club arrangements with Japanese Clubs RC Wakayanagi, RC Funabashi West, RC Ishinomaki South and RC Funabashi West were arranged resulting to the annual exchange of goodwill visits and the flow of donations from Japan for our projects. An offshoot of these goodwill visits is the establishment of a short-term Youth Exchange where sons/daughters of our club members go to Japan on summer vacations and are hosted by our match clubs.

The club is a consistent supporter of The Rotary Foundation being the "100% All Paul Harris Club" having in its roster 8 Major Donors, 30 Multiple Paul Harris Fellows, 131 PHFs and 62 PHSMs. In recognition of the numerous club projects and services of its members, the club has been a consistent recipient of awards from RI.

The club is a recipient of the prestigious **RI Asia Pacific Presidential plaque** given by RI Pres. Frank Devlyn in a fitting ceremony in Manila. The Club was one of the top 10 clubs worldwide recognized as a recipient of the **Global Quest award** for membership growth in Zone 7. PP Mickey Miyake was awarded by RI the highest award to a Rotarian, the **RI Service Above Self Award** in 2004. Our Presidents and Club Secretaries have also been consistent awardees during DISTAS. Our club bulletin has been consistently recognized as the Most Outstanding Club Bulletin for a number of years.

The strength of the club lies in its membership mix and the members' passion for service. In its roster is an Englishman, an American, and three Japanese. For some time, the honorable consuls of Japan, Indonesia, and Malaysia were honorary members. The awards RCED received are challenges to do more for the community and mankind. The succeeding decades will surely find the **Rotary Club of East Davao** in the forefront of Rotary's motto of "Service Above Self" and the Implementation of the District Governor's and RI President's Challenges.

With these simple accomplishments, this has been the clubs gauge in keeping its goal to Serve Humanity. We changed the lives of several people in our community and remain to be inspired in Doing Good to the World.

# ROTARY CLUB OF EAST DAVAO

## *"Life Changer Team"*

Rotary Year 2021-2022



**Cheldone I. Canes**  
President  
RY 2021-2022



**Jaime S. Sabino**  
President Elect  
RY 2022-2023



**Darwin T. Santos**  
President Nominee  
RY 2023-2024



**Rossano C. Luga**  
Imm. Past President  
RY 2020-2021



**Jesito V. Villamor**  
Secretary



**Raphael E. Apolinario**  
Vice President Internal



**Frederick A. Pelayo**  
Vice President External



**Francis Rene L. Real**  
Treasurer



**Ariel L. Cantil**  
Director - Club Administration



**Karl Michael G. Reta**  
Director- Community Service



**Hiroyuki Kawashima**  
Director - TRF



**Paul Peter R. Dugal**  
Director- New Generations



**Brian U. Toh**  
Director- Membership



**Alvin M. Pinpin**  
Director - Public Relations



**Manuel R. Nierra**  
Director - Ways and Means



**Pres. Shekhar Mehta**  
President, Rotary Int'l. 2021-22



**DG Anna Louisa A. Bumagat**  
District Governor, D3860



**AG Myla P. Cocon-Agustin**  
Assistant Governor Area 2C

# District Governors - District 3860



**HONESTO A. CABARROGUIS**  
1983-1984



**HERMINIO A. VILLANO**  
1989-1990



**REYNALDO REYES**  
1995-1996



**RAOUL HILARIO**  
1999-2000



**RAMON TIROL**  
2001-2002



**RODEL RIEZL S. REYES**  
2020-2021

## Club Presidents (1965-2021)



**Fernando Tecson**  
1965-1966



**Tiburcio Cervantes**  
1966-1967; 1968-1969



**Juan Carriedo**  
1967-1968



**Augusto Demafeliz**  
1969-1970



**Salvador Angala**  
1970-1971



**Roman Solitaria**  
1971-1972



**Cesar Nuñez**  
1972-1973



**Francisco Reyes**  
1973-1974



**Benjamin Panganiban**  
1974-1975



**Honesto Cabarroguis**  
1975-1976



**Asterio Uybocho**  
1976-1977



**Jose Campo**  
1977-1978



**Hector Maniquiz**  
1978-1979



**Herminio Villano**  
1979-1980



**Jose Custodio**  
1980-1981



**Edgardo Ereneta**  
1981-1982



**Benigno Magpantay**  
1982-1983



**Reynaldo Reyes**  
1983-1984



**Rizal Aportadera**  
1984-1985



**Dominador Cabrera**  
1985-1986



**Isidro Lahora**  
1988-1989



**Benjamin Geli**  
1987-1988



**Eufrazio de Jesus**  
1988-1989



**Raoul Hilario**  
1989-1990



**Feliciano Salvador**  
1990-1991



**Esteban Gumban**  
1991-1992



**Edgar Benedicto**  
1992-1993



**Bartolome Hernandez**  
1993-1994



**Vito Oscar Paras**  
1994-1995



**Ferdinand Subido**  
1995-1996



**Roselo Toledo**  
1996-1997



**Guillermo Arendain**  
1997-1998



**Edgardo Sancho**  
1998-1999



**Carlos Alovera**  
1999-2000



**Leonardo Chee**  
2000-2001



**Jess Fortich**  
2001-2002



**Amador Macatangay**  
2002-2003



**Hikaru Miyake**  
2003-2004



**Apollo Alquiza**  
2004-2005



**Rodiel Riezl Reyes**  
2005-2006



**Virgilio Sojor**  
2006-2007



**Efrén Elbanbuena**  
2007-2008



**Leo Edwin Zantua**  
2008-2009



**Ronald Go**  
2009-2010



**Antonio Ajero**  
2010-2011



**Valentino Dionisio**  
2011-2012



**Florante Santiago**  
2012-2013



**Paul John Yuste**  
2013-2014



**Anthony Banzali**  
2014-2015



**Oscar Escudero**  
2015-2016



**Fred Yelinek**  
2016-2017



**Alvin Orteza**  
2017-2018



**Prudencio Tan**  
2018-2019



**Patrick Capili**  
2019-2020

**Rossano Luga**  
2020-2021

## ROTARY CLUB OF EAST DAVAO

Club No. 17115 District 3860, Davao City, Philippines

### 2<sup>ND</sup> REGULAR ZOOM WEEKLY MEETING

August 3, 2021, 6:30p.m. via Zoom

## Programme

**Call to Order**

**PRES. CHELDONE I. CANES**

**President, Rotary Club of East Davao**

**Turnover of Proceedings to the Master of**

**Ceremonies**

**PP FRED YELINEK**

**Invocation**

**Honorary Member ESTHER DE JESUS**

**Philippine National Anthem**

**Rotary Hymn**

**AVP**

**Introduction of Visiting Rotarians and Guests**

**PN JAIME SABINO**

**Secretary's Time**

**SEC. JET V. VILLAMOR**

**President's Time**

**PRES. CHELDONE I. CANES**

**Club Assembly:**

**Induction Ceremony: New Member**

**Charge Office**

**PAG VALENTINO L. DIONISIO**

**Inducting Officer**

**PDG REYNALDO I. REYES**

**Brief Message : new Member**

**RTN. JOVENCIO CAINONG**

**Adjournment**

**PRES. CHELDONE I. CANES**

**Attire: Red Shirt Jock**

## INVOCATION

Thank you Father for the gift of life and for bringing us together virtually. Please give us the courage, strength and the means to be able to fulfill our desire to serve others and our commitment for "Service Above Self".

Father , currently more and more vaccines are coming and our gov't are continuously vaccinating our people and hoping to getting closer to the end of this pandemic!

Immediate PP Ross Luga just turned over the reins of our club, we would like to extend to him our endless appreciation for the tremendous work and outpouring love he has done for our club! Father please bless also the new set of officers headed by Pres Don Canes and our promise of our wholehearted commitments!

Father we are inducting a new member today. We are gladly welcoming him to enjoy in our fellowship and in our service to Rotary.

We thank You very much for your mercies and loving kindness to our beloved PP Jesse Fortich for his release from the hospital and prayer for a speedy and complete recovery!

Father, we are still mourning of our loss of our most loved member Sol Hayag. We will miss mostly his warm friendship, Compassion, generosity and love to all of us. We commend his soul to You and eternal rest in Your heavenly house not made with hands eternal in the heavens! All these we pray in the name of Jesus. Amen.



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# CHELDONE ILAO CANES

*“Life Serving President”*

**T**hank you to our esteemed master of ceremonies, President Ross Luga, our distinguished District Governor, Anna Louisa Bumagat of Rotary Club of Ormoc; our multi-awarded beloved hometown Past District Governors in attendance; Bading Angala, Totoy Cabarroguis, Hermie Villano, Boy Reyes and the youngest and handsomest of them all, Immediate Past District Governor Riezl “Riz” Reyes, District officers in attendance, life serving presidents and secretaries, past presidents, fellow Rotarians, lovely spouses, friends of Rotary, guests, ladies, gentlemen, good evening.

First off, let me thank all of you fellow members of RC East Davao for electing me president for Rotary Year 2021-2022. I find your vote the most challenging mandate of my adult life over three other equally qualified contenders at a time when all what we do always involves an element of challenge.

I also wish to thank my beautiful wife Lilian for giving me permission to accept this daunting assignment in our club and other members of my family for their love and support.

Who would have thought that Immediate past Pres. Ross Luga & myself term of service as Presidents of RC East Davao would happen during this so-called new normal?

Under the pandemic, we can hardly do anything, anything at all without being challenged. We cannot go out of our homes to buy food and medicines, without wearing a face mask, face shield and practice social distancing and wash our hands with soap and water.

Thank God we are Rotarians and we are no strangers to viruses. All our lives we have been fighting all kinds of viruses and our success over the polio virus really went viral and reverberated in the four corners of the world.

We have a valiant Past District Governor in the person of Dr. Hermie Villano who received an international award for his heroic role in our triumph over polio, the lone awardee in this part of the world. Thank you PDG Hermie for doing us proud again.

Of course, we know that polio reappeared in Mindanao in 2019 but only last month, particularly in the first week of June, the World Health Organization (WHO) announced that polio in the country has been eradicated after two years with our help.

Even in getting the vaccine against coronavirus we still get the challenges posed by the peddlers of conspiracy theories and the harbingers of fake news and information.

It is a good thing that we as Rotarians are a resilient lot and because of this we are sure we will overcome.

It is with this resiliency, which we acquired through the years that I am confident that our club, with your COOPERATION and our UNITY, we will be able to make a difference and triumph in this life changing year of “SERVING OTHERS TO CHANGE LIVES”. Yes, we are called upon to be “life changers,” a role that Rotarians are familiar with.

After being a member and an officer for about a decade, participating in almost all projects of this club, I have observed the dedication, tenacity, and sincerity of each and every member of this club.

Indeed, I firmly believe that we can change lives as we have always done in our little and big ways in the past. Believe me, this is possible even under the so-called NEW NORMAL.

The key words are COOPERATION, UNITY, and CHANGE. All I ask of you is to help me in every way you can to achieve our goals this year.

I promise that my presidency will be short in speeches and long in the list of meaningful Club meetings, Projects and Fellowship that we believe are responsive to the needs of our members and the community that we called to serve and change lives....

Thank you so much, Good evening & God bless us all





Lets get to know more our new member...



**“Bebot”**

**Jovencio Salaño Cainong**

Classification: Real Estate Development

Sponsor: VP Fred Pelayo

**PERSONAL DATA:**

PLACE OF BIRTH: Abuyog, Leyte  
 BIRTHDATE: February 05, 1965  
 ADDRESS: 18 Dahlia St Ph4 EL Rio Vista Subd. Bacaca, Davao City  
 SPOUSE: Ma. Isabel “Bebet” L. Cainong  
 BIRTHDATE: Nov. 19, 1063  
 ANNIVERSARY: July 12  
 CHILDREN /AGE: John Joven Cainong (25), Bon Joven Cainong (24), Alex Joven Cainong (22)

**EDUCATIONAL BACKGROUND:**

ELEMENTARY: Buhangin Elementary School  
 HIGH SCHOOL: University of Southeastern Philippines  
 COLLEGE: University of the Immaculate Conception  
 MASTERS: Ateneo de Davao University-MBA

**WORK EXPERIENCES:**

DATE	COMPANY	POSITION
1983-1986	Southern Broacasting Network	Disk Jockey/Newsriter
1987-1988	Trustcom Futures	Account Executive
1988-2006	San Miguel Brewery Corporation	Sales Supervisor
2006-2008	Westmont Water Corporation	President
2008-2017	MegaDavao Realty	Broker Proprietor
2018-Present	PropertyBroker.PH Corporation	President

Office Address: Suite M3, JALTAN Bldg. Bonifacio cor CM Recto St Davao City  
 Telephone: 322-6873 ; Cellphone: 09209190358/09163680808 Email Add: bcainong@gmail.com

**CLUB AFFILIATIONS:**

Davao Board of Realtors Foundation Inc. 2013- President/ at present Adviser  
 Philippine Association of Real Estate Boards-2016-National Director  
 USEP Highschool Batch 1980-President since 1995

**ROTARY BACKGROUND:**

Date Admitted to the Club: July 1, 2021  
 Classification: Real Estate Development  
 Sponsor: VP Fred Pelayo  
 Date Inducted: Aug. 4, 2021





# Infopage

**SEC. JET V. VILLAMOR**  
Club Secretary, RY 2021-2022



## ATTENDANCE REPORT

### Our Attendance for July 9, 2021

Present	19 (face to face)
Via Zoom	23
Make Up	00 (attended other Zoom Meetings/Club Activities)
Visiting Rotarians	18
Guests	03
Rotary Spouses	07
Absent	08
Percentage	84%



ROTARY'S BIGGEST VIRTUAL EVENT IN ASIA PACIFIC FOR 2021 IS HERE

  **PRESIDENTIAL CONFERENCE MANILA**

November 26, 27 & 28

# REGISTER NOW

[WWW.RPC21.PH](http://WWW.RPC21.PH)

**PROMO RATE OF USD 20 PER DELEGATE FOR THE FIRST 6,000 DELEGATES!**

REGULAR RATE: USD 28 FOR ALL OTHER DELEGATES FOR TICKET ENQUIRIES: ENQUIRIES@RPC21.PH

### August 17/18, 2021 Tuesday/Wed.

**What: Rotary Vaccination Hub**  
**Where: Camp Catitipan, Buhangin**  
A joint project with Area 2A, 2B and 2C Rotary Clubs

**Protect yourself and your loved ones.**  
**Get vaccinated against COVID-19.**

## UPCOMING ACTIVITIES:

### August 4, 2021 Wednesday

**What: Meeting with Dr. Mae Dolendo of RC Waling Waling Davao RE: Global Grant Project Australia**  
**Time: 2:00pm**  
**Venue: Robby's Café, Roadway Inn**

### August 14 Saturday

**What: RC East Davao Vaccination Drive**  
**Where: Marilog Central Elem. School**  
**Time: 7:00am**  
A joint project with Davao City Health Office and Marilog Health Center  
Funded project under Global Grant - Australia  
**Beneficiaries: Indigenous People of Marilog**

  SERVE TO CHANGE LIVES

## GET READY AGENTS!



# MIB

MEMBERSHIP IS BACK

## STRENGTHENING MEMBERSHIP

August 14, 2021 | Saturday • 9:30 A.M. to 3:00 P.M.

**REGISTER NOW!!!**

### August 14, 2021 Saturday

**What: District Membership Seminar**  
**Time: 9:30a.m.**  
**Register in advance for this meeting:**  
<https://us02web.zoom.us/join/register/tZ00c-CgqzMiHNS90Q6aQMZu0GGtue3qQUyE>



# POV

POINT OF VIEW

**VP RAPHAEL E. APOLINARIO VI**

*Editor in Chief, RED Chronicle*

## HELP OUR ECONOMY BuyPinoy. Patronize local goods.

For those who can afford it, spend. The way out of this recession is consumption. That extra expense for you might be a lifeline for others.

1. Hire people for even the most mundane work, even if you can do it yourself.
2. Buy that “walis” being sold by peddlers selling their wares near your village gates, you will need it soon.
3. Buy those flowers being sold by “ate” in the streets, and give it to your loved one!
4. Buy that “trapo” from the kids in the streets, even if you have canisters of microfiber cloths at home.
5. Don't bargain too hard, they have 3 months of catching up.
6. Let's support restaurants, barber shops, clothing stores and all business establishments within our reach who are slowly re-opening their commercial lives.
7. Be overly generous with your tips and offer kind

words like “I miss being here” (and see their eyes light up through their masks).

8. Buy an extra meal or two and offer it to the unemployed, stranded, or anyone hungry begging for their next meal.

9. Appreciate the servers, salesmen, security guards, waiters, deliverymen, “wash/watch-your-car boys,” and everyone else you meet on the street for what they do. You have no idea what struggles they are going through.

Practice physical, NOT SOCIAL DISTANCING.

Let's all contribute and pull this country out of recession"

To our theme this year "Serve to Change Lives"... I'll add the words: AND IT STARTS WITH YOU!



NEW

NORMAL



# Bits & Pieces

## Effective ways to prevent the Coronavirus. Worth a read.

### About the virus:

1. It is pretty large in size (cell is about 400-500nm diameter), so any normal mask (not just the N95 feature) should be able to filter it out. However, when someone who's infected sneezes in front of you, it will take a great 3 meters (about 10 feet) before it drops to the ground and is no longer airborne.

2. When the virus drops on metal surface, it will live for at least 12 hours. So remember if you come in contact with any metal surface, wash your hands with soap thoroughly.

3. The virus can remain active on fabric for 6-12 hours. Normal laundry detergent should kill the virus. But if you are really worried, you can add some non-chlorine bleach or oxygen bleach . For winter clothing that does not require daily washing, you can put it out under the sun to kill the virus.

### About the symptoms of the pneumonia caused by Coronavirus:

1. It will first infect the throat, so the throat will have the dry sore throat feeling which will last for 3 to 4 days

2. Then the virus will blend into the nasal fluid and drips into the trachea and enter the lungs, causing pneumonia. This process will take 5 to 6 days.

3. With pneumonia, comes high fever and difficulty in breathing. The nasal congestion is not like the

normal kind. You will feel like you are drowning in water. It's important to go seek immediate medical attention if you feel like this.

### About prevention:

1. The most common way of getting infected is by touching things in public, so you must wash your hands frequently. The virus can only live on your hands for 5-10 mins, but a lot can happen in those 5-10 mins.

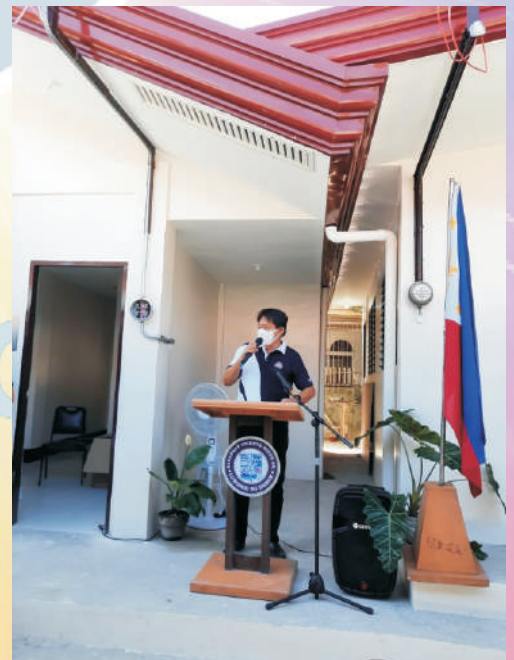
2. Aside from washing your hands frequently, you can gargle with a strong Chlorhexidine based mouthwash (i.e. Orahex Oral Rinse) to eliminate or minimize the germs while they are still in your throat and moving elsewhere.



**July 27, 2021 FORMAL TURNED-OVER OF BARANGAY VICENTE HIZON SR. HEALTH CENTER (SATELLITE OFFICE) Project under Global Grant No. 2092854, Rotary's Area of Focus: Maternal & Child Health International Partner Club & District: Rotary Club of Daejeon, Rotary International District 3680 Korea, Host Club & District: Rotary Club of East Davao, Rotary International District 3860, Philippines, this project was made possible in part by a grant from: The Rotary Foundation of Rotary International**



# ROTARY IN ACTION





**July 27, 2021 FORMAL TURNED-OVER OF ALSONS DAYCARE CENTER**  
**Renovation and Rehabilitation under Rotary District Grant No. 2010580**  
**Rotary's Area of Focus: Basic Education and Literacy**  
**A project of the: City Government of Davao**  
**Implementing Agency: City Social Services and Development Office (CSSDO),**  
**Conrado Alcantara and Sons Foundation, Inc. and Brgy. Vicente Hizon Sr**



# ROTARY IN ACTION



**July 28, 2021 Rotary Day of Service: Bloodletting Activity, Rotary's Area of Focus: Disease Prevention and Treatment, A joint project of the Area 2 Rotary Clubs (Davao City) in partnership with Philippine Red Cross Davao Chapter, Partners in Service (Blood Donors): Coast Guard District Southeastern Mindanao (CGDSEM)**



# ROSTER OF MEMBERS



**Aguilar, Lord Eddie I.**  
Accounting Service: Academe  
Spouse:



**Alquiza, Apollo R.**  
Unibanking Services  
Spouse: Mila



**Aquino, Ariel**  
Fish Food Product Dist.  
Spouse:



**Apolinario, Raphael E.**  
Non-Life Insurance  
Spouse: Raquel



**Bangayan, Ruben A.**  
Appliance Distribution  
Spouse: Cathy



**Banzali, Anthony P.**  
Civil Law  
Spouse: Jam



**Cabarroguis, Honesto A.**  
Civil Law  
Spouse: Clara



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AE-Medicine Gynecology  
Spouse: Rose



**Canes, Cheldone I.**  
General Merchandise Dist.  
Spouse: Lilian



**Capili, Patrick S.**  
Real Estate Development



**Ccasauy, Cirilo N.**  
Engineering - Electrical  
Spouse: Helen



**Cantil, Ariel L.**  
Engineering  
Spouse: April



**Digal, Paul Peter R.**  
Architecture



**Dionisio, Valentino L.**  
Truck Dealership  
Spouse: Cris



**Evans, David Samuel**  
Chartered Quantity Surveyor  
Spouse: Elsa



**Escudero, Oscar M. Jr.**  
Medical - Urology  
Spouse: Sharon



**Fortich, Jesse A.**  
Equipment Leasing  
Spouse: Naty



**Go, Ronald C.**  
Car Rentals  
Spouse: Kim



**Hayag, Sol T.**  
Construction  
Spouse: Flor



**Kanan, Jamal**  
Manpower Services



**Kawashima, Hiroyuki**  
Medical Equipment Dist.  
Spouse: Gina



**Lavisores, Roland**  
Non-Life Insurance  
Spouse: Neneng



**Lim, Winston C.**  
Materials Handling Services  
Spouse: Donna



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Light and Power Dist.  
Spouse: Jojo



**Mabagos, Michael A.**  
Construction



**Mata, Giovanni B.**  
Law: Litigation Law  
Spouse: Sophia



**Mande, Datu Rodolfo M.**  
Tribal Management



**Mascarinas, Jonas O.**  
Accounting Management



**Miyake, Hikaru S.**  
Vegetable Export



**Nierra, Manuel R.**  
Equipment Part and Services  
Spouse: Metah



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Gov't. Svc. Taxation  
Spouse: Marnie



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Meat Processing  
Spouse: Enday



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Mat'l. Handling Equipment  
Spouse: Rita



**Pinpin, Alvin M.**  
Accounting Services  
Spouse: Sandra



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Universal Banking  
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Rural Banking  
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**Reyes, Rodel Riezil S.j.**  
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Life & Non-Life Insurance  
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Banana Growing  
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Marine Eng'g. Consultancy  
Spouse: Yukiko



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Education Special: Boys Scouting  
Values Formation  
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Beverage Distribution  
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**Tapiz, Winston A.**  
Computer - Information  
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Spouse: Cris



**Villano, Herminio A.**  
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